

The KIT

by Channie Centara Cha

STEP Three

This next part is also like a meditation but also like a wish or a vision to see yourself with the Higher Vibration and the New possibility for Earth. The possible way for you to be on Earth and feel good, to be on Earth and be able to travel out to the Universe, and to be on Earth and be able to lift Earth and help with the process of Earth getting to the point it needs to be.; to go into a Higher Dimension and to reach the New Earth and merge with its Energies, so we can finally be lifted to this New place of ours.

1. Sit down and relax. Preferably light a candle in front of you.
2. Sit with your mind open and Feel yourself as a human. Try to move yourself a little bit where you are sitting. Move the legs and body and the shoulders and the head a little. Sort of feel that you are sitting and that you have a body.
3. Try to Feel your legs from the knees down to the feet. Feel the energy underneath your feet. Think and See yourself connected with Earth almost like you have cords from underneath your feet to the Core of Earth.
4. Connect with Mother Earth and Her Frequency. Feel that She actually needs a little bit of a boost, in this case, to get to a Higher Vibration.
5. Connect with your Heart Chakra. Feel the Heart Chakra. See it inside of yourself, taking in a Vibration that is Higher from the Universe above, like Rays from above. Small, small, and many, many Rays reaching your Crown Chakra and flowing down to your Heart Chakra
6. When they touch the Heart Chakra, it expands and becomes bigger. **Now your Heart Chakra has the right Frequency!**
7. Let the small Rays pour down into the legs and down to the feet, so that your whole body is in perfect Frequency and Vibration. You are connected with the Universe with all the Small Rays coming down from the Universe.
8. Ask to be Connected with the Whole of The Blue Creation and See the Rays even expanding with greater volume, and with even More Small Rays pouring into your Crown Chakra and reaching down to your Heart Chakra.

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9. By doing that, you have also embraced other Worlds and Higher Vibrations than even World 2. You will have then included the other Worlds above World 2.
10. Ask inside to Connect with the Two Main Forces in this Creation. The True Original Force and The Created Original Force. The first represents Mother God Energy. The second represents Father God Energy.
11. Embrace these Two Energies in your Heart Chakra and relax.
12. The best is to have your eyes closed the whole time, but especially at this point.
13. Now you want to See the Light within inside of yourself. (The Light of the 2 Divine Beings.)
14. Ask that you are a part of everything needed to Raise the Frequency on Earth, to make it possible for humankind to have the right Frequency to be feeling good, but also to be able to travel out in the Universe, to complete their mission, to complete the classes and things they need to help everyone and everything.
15. Ask to Connect with The New Earth and the possibilities to let it flow closer to us and embrace this Old Earth. Letting us flow over to the New Environment of a Higher dimension, to be embraced and be a part of the New.

You can also continue with things that you want to add yourself, like meeting the ones that you have lost from this planet again on The New Earth or feeling the connections with Extraterrestrials, Angels and Light Beings and the deepest of friendships. And to also connect truly with your Higher Self and understand things with a wider view and greater intelligence and wisdom.